

KINGSTON

EXPERIENCE
GUIDE



*Turn an ordinary business event into
something extraordinary.*

Discover authentic Kingston activities designed to inspire creativity and keep your team engaged. Explore our experience guide and start building your itinerary today.

experience

FOOD & DRINK *EXPERIENCES*



Decanted just for you

Enjoy a vintner-led wine experience right in your meeting space. We've partnered with one of Canada's most celebrated wine regions, Prince Edward County, to bring your team an unforgettable experience learning about (and tasting!) some of The County's vinous treasures.



Hop to it

How about a hands-on lesson in the art of brewing with one of Kingston's eight masterful craft brewers? Hop on a Kingston Red Trolley for the ride from your meeting space to some of the most talented beer makers anywhere. Of course, you can't learn about beer making without tasting the results!



How it's grown

Discover a fun, educational, and authentic agritourism experience. Meet some of the region's growers and producers as you learn about sustainability and exactly where all your tasty food comes from. Our partners, like the good people at Littlejohn Farm, are waiting to meet your team.

TEAM BUILDING EXPERIENCES



Let's play games

Bring your team together to achieve a common goal. Help each other navigate high ropes and zip lines at Treetop Trekking, discover "who dunnit" in an escape room at Sherlock's Escapes, or find your way through a custom-designed game by the adventure masters at Improbable Escapes.



Body break

Stretch it out before you talk it out. Take advantage of a private "body break" session with one of Kingston's experienced yoga instructors. Taking the time to enjoy this kind of experience will enhance your discussions and have your team feeling relaxed and enthusiastic for the next meeting.



Active city tours

Get the ideas flowing by taking part in one of our many active tours. Go outside and enjoy the fresh air during a guided walking, running, or cycling tour. There's an accessible route available for any skill level, and each tour provides beautiful views of Kingston's historic and vibrant downtown waterfront.

ARTS & CULTURE EXPERIENCES



Indigenous learning

Step outside your meeting space and gain a deeper understanding of the First Peoples of this land. Engage with a representative from one of the region's Indigenous communities in land-based learning in one of our beautiful lakeside parks, or travel to meet with Indigenous community members where they live.



A showing just for you

Does your team appreciate the finer things in life? Our partners are eager to host your group during a private tour through one of the city's art galleries or museums. Discover groundbreaking work from contemporary and modern artists, sift through unique antiques, and learn all about Kingston's rich history.



Meet our makers

Get to know our diverse community of makers. Meet the Kenneys and learn about the tasty art of making maple syrup. Or enjoy a live show by one of the city's talented musicians. Our makers are keen to entertain.

KINGSTON

NEED HELP PLANNING?

Contact our Business Events Specialist, Ted Robinson.

ted@tourismkingston.com →