

KINGSTON

— 1000 Islands —

Visitor

VISITOR GUIDE

- › Signature experiences
- › Accommodations
- › Year-round activities
- › Unique finds

WELCOME / BOOZHOO TEKWANONWERA:TONS

Kingston is located on the traditional lands of the Huron-Wendat and the Mississauga of the Ojibways. To the local Indigenous Peoples, this place has long been known as Katarokwi, meaning “a place where there is clay.” In Anishinaabemowin, it is “Gaadanokwii.” In Mohawk, it is “Ken’tarókwen.”

Kingston/Katarokwi acknowledges the everlasting presence of other Indigenous nations, the Métis, Inuit, and other First Nations. We are grateful to reside in and visit this territory and acknowledge that each of us has a responsibility to honour these lands by walking gently and respectfully upon them and enjoying the immense beauty of the natural landscape.

Welcome to Kingston
Katarokwi/Ken’tarókwen/Gaadanokwii.



VISITOR INFORMATION CENTRE

Our staff can help you make the most of your visit to Kingston, with advice on what to see and do, where to stay, and where to eat. They can also provide free maps of the city (including maps of walking trails and cycling routes).

Connect with us

In person: 209 Ontario Street

By email: visit@tourismkingston.com

By phone: 613-548-4415 or toll-free 1-888-855-4555

Webchat: visitkingston.ca

The Visitor Information Centre is open seven days a week during the summer and Tuesday through Saturday the rest of the year. Call or check the website for current hours.

想了解更多金斯顿本地旅游资讯，请访问加拿大金斯顿旅游局中文官网：

visitkingston.ca/cn

您也可以关注金斯顿旅游局微信和微博平台(公众账号：加拿大金斯顿旅游局)关注最新金斯顿旅游动态，并可以在互动中解答您的疑问。



VisitKingstonCA



The Visitor Information Centre is located in Confederation Park, in the former train station of the Kingston and Pembroke Railway.

ATTRACTIONS

Kingston boasts four Rembrandt paintings, two film festivals, and one vibrant downtown shopping scene. Home to Ontario's oldest public market and Canada's hippest live music scene, Kingston is a walkable city, where hidden alleyways contain antique markets and restaurant patios. With dozens of museums and historic sites, and dozens more unique shopping and dining experiences, Kingston offers you something old and something new around every corner.



Visitors to the Agnes Etherington Art Centre examine Rembrandt's *Portrait of a Man with Arms Akimbo*.

- › Agnes Etherington Art Centre
- › Bellevue House National Historic Site
- › Breakwater Park
- › Canada's Penitentiary Museum
- › Fort Henry National Historic Site
- › The Grand Theatre
- › The Haunted Walk of Kingston
- › Isabel Bader Centre for the Performing Arts
- › Kingston City Hall
- › Kingston Food Tours
- › Kingston Pen Tours
- › Kingston 1000 Islands Cruises
- › Kingston Trolley Tours
- › Leon's Centre
- › Marine Museum of the Great Lakes
- › Military Communications and Electronics Museum
- › Miller Museum of Geology
- › Museum of Health Care
- › The PumpHouse
- › Rideau Canal
- › The Screening Room
- › The Tett Centre for Creativity and Learning

Explore these and many more attractions: visitkingston.ca



The PumpHouse is a kid-friendly history, science, and technology museum housed in a 19th-century pumping station.

FOOD & DRINK

With more restaurants per capita than almost any other city in Canada, Kingston has something for everyone. Whatever you're craving, you'll find it here, from bāo to roti, comfort food to haute cuisine.



A charcuterie board
from Wharf & Feather

Kingston Food Tours offer walking tours that blend tastings with an insider's take on the city.



Miss Bão Restaurant + Cocktail Bar offers sumptuous Asian fusion fare. It is also Kingston's first zero-waste restaurant.



Book a table or grab some takeout for a picnic by the waterfront. Take a guided food tour or take part in a food and wine pairing event. Fuel up at one of Kingston's independent coffee shops, cafés, and bakeries. Grab a latte or a cup of tea, add some freshly baked treats, and plan the rest of your day.

Sweet and savoury treats are made every day at Pan Chancho's bakery.



*Find your perfect meal in Kingston:
visitkingston.ca/eat-drink*



Enjoy great food and a fantastic view on AquaTerra's lakeside patio.

Make sure you don't miss out on a Canadian staple – the restaurant patio. Kingston has plenty of options, from rooftop patios to cozy courtyards.

Kingston is also located in the heart of Frontenac County farmland. Frontenac farms feed Kingston tables, and Kingston chefs utilize fresh, seasonal ingredients from local growers and producers.

Learn more about our farm-to-table connections: visitkingston.ca/culinary



Fresh, local produce can be found at Kingston farmers' markets and on restaurant plates.

Kingston has a long history of beer brewing. The first breweries in the city operated in the 1790s. Rideau Street, in the city's downtown, was then known as Brewery Street. Farther west, Morton's Brewery and Distillery was established in 1832. One of its original buildings is now home to the Tett Centre for Creativity and Learning.

Established in 1986, the Kingston Brewing Company is Ontario's oldest brewpub and Canada's oldest wine-producing pub. It is now one of nine beer and cider makers in the city.

You can sample some of Kingston's brews at bars, restaurants, and festivals across the city. Several beverage makers also offer take-home and delivery options.



***Learn more about Kingston's
brewers: [visitkingston.ca/
eat-drink/wineries-breweries](http://visitkingston.ca/eat-drink/wineries-breweries)***

Daft Brewing offers a variety of locally made ales, lagers, porters, and pilsners.



ONLY IN KINGSTON

Kingston is a community of artists and makers. Meet artisans in their workplace and watch them at their craft. Discover locally made products at Kingston boutiques and markets.

You can watch as glass is transformed at Kingston Glass Studio & Gallery. The gallery features functional and decorative glass art made on site, as well as pottery, art, sculpture, and jewellery from local artists.





The Tett Centre for Creativity and Learning is home to a variety of artists and arts organizations. It also offers artistic programming and events for people of all ages.

Explore these and other Makers of Kingston:

visitkingston.ca/makers

Kingston is full of interesting and unique shopping experiences, from antiques to apparel, food to fine art.

Love Kingston? Tell the world!



Pick up mementos of your Kingston stay, including shirts, hats, and scarves, at the Visitor Information Centre (209 Ontario St.).

visitkingston.ca/kingston-shop

(Canada-wide shipping is also available for online orders.)

SPRING

Enjoy pancakes with warm maple syrup at Maple Madness at Little Cataraqui Creek Conservation Area. This family-friendly event takes place every March. Bring your family for a guided sugar bush tour, wagon rides, scavenger hunts, and more. And of course, sample some maple syrup!



Tapping sugar maple trees for their sap in the springtime is an ancient tradition in this region, originating with the Indigenous Peoples, who traditionally harvested and celebrated the gift of “sweet water.” Learn more at the Maple Madness interpretative talks and demonstrations.

In May, Kingston parks, community spaces, and gardens come alive with tulips, daffodils, lilacs, and more.

Explore the Queen's University campus, where you will see curated gardens set against the backdrop of historic limestone buildings. The green space in front of Summerhill, Queen's oldest building (1839), was also once the site of Canada's first botanical garden. Today, this space is home to the Queen's arboretum, featuring a wide variety of trees.

Spring Things to See and Do

- › Agnes Etherington Art Centre
- › Hike or cycle the K&P Trail
- › Kingston Food Tours
- › Kingston Public Market and Memorial Centre Farmers' Market
- › Maple Madness
- › Queen's University arboretum

Magnolia blossoms on
Queen's campus

SUMMER

There's so much to do in Kingston in the summer, from golfing and boating to diving and fishing to hiking and biking. Kingston's waterfront trail is easy to navigate on foot or by bike. Keep an eye out for the wayfinding signs along the trail, which will provide directions and teach you about the history of the region. If you didn't bring your bike or kayak, don't worry. You can rent one!

Discover the unique shopping experiences in Kingston's walkable downtown. You can explore the city and learn its history with a guided trolley tour and take in the beauty of the Thousand Islands on a sightseeing boat cruise.

A number of hotels and inns offer special packages that bundle Kingston experiences and attractions with your stay.

Find your perfect Kingston package:
[*visitkingston.ca/packages*](http://visitkingston.ca/packages)

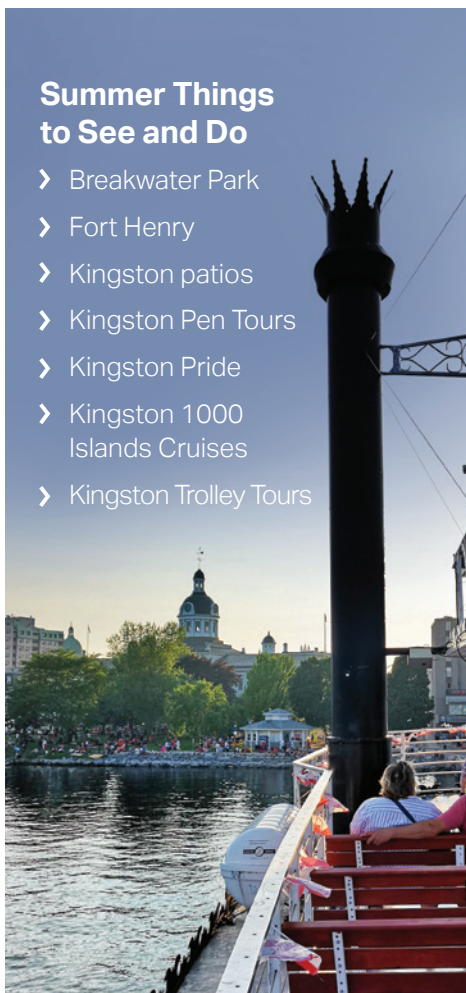


Cool off this summer with a dip in the pool – or in the lake. Breakwater Park in downtown Kingston offers an accessible lakeside beach, as well as picnic amenities. Grass Creek Park, in the city's east end, also offers a large sandy beach and swimming area (plus an off-leash area for your canine friends). To the west, Lake Ontario Park, Kingston's largest urban waterfront park, has a cobble beach, splash pad, beach volleyball court, and boat launch.

Kids will enjoy the wading pool at McBurney Park and the Outdoor Aqua Park at the Memorial Centre.

Summer Things to See and Do

- › Breakwater Park
- › Fort Henry
- › Kingston patios
- › Kingston Pen Tours
- › Kingston Pride
- › Kingston 1000 Islands Cruises
- › Kingston Trolley Tours



AUTUMN

Autumn is the perfect time of year to take in Kingston's architecture and historic sites. Take a guided tour or explore on your own.

Today, some of these historic limestone buildings are home to restaurants, bookstores, boutiques, and more.

Kingston is called "the limestone city" as so many of its historic downtown buildings were built using locally sourced limestone.





Take a guided tour of downtown Kingston and hear about the city's spooky past with The Haunted Walk of Kingston.

Kingston is home to more than 20 museums, national historic sites, art galleries, and archives. Explore geology, Canadian history, Baroque and modern art, hockey, technology, medicine, and more. Enjoy hands-on learning with the kids or savour a quiet moment with a favourite painting.

Autumn Things to See and Do

- › Ghost and Mystery Trolley Tour
- › The Haunted Walk of Kingston
- › Improbable Escapes
- › Kingston WritersFest
- › Open Farms
- › Pumpkinferno at Fort Henry
- › Skeleton Park
- › Thrifting and antique shopping

Explore these and many more experiences: visitkingston.ca/see-do

WINTER

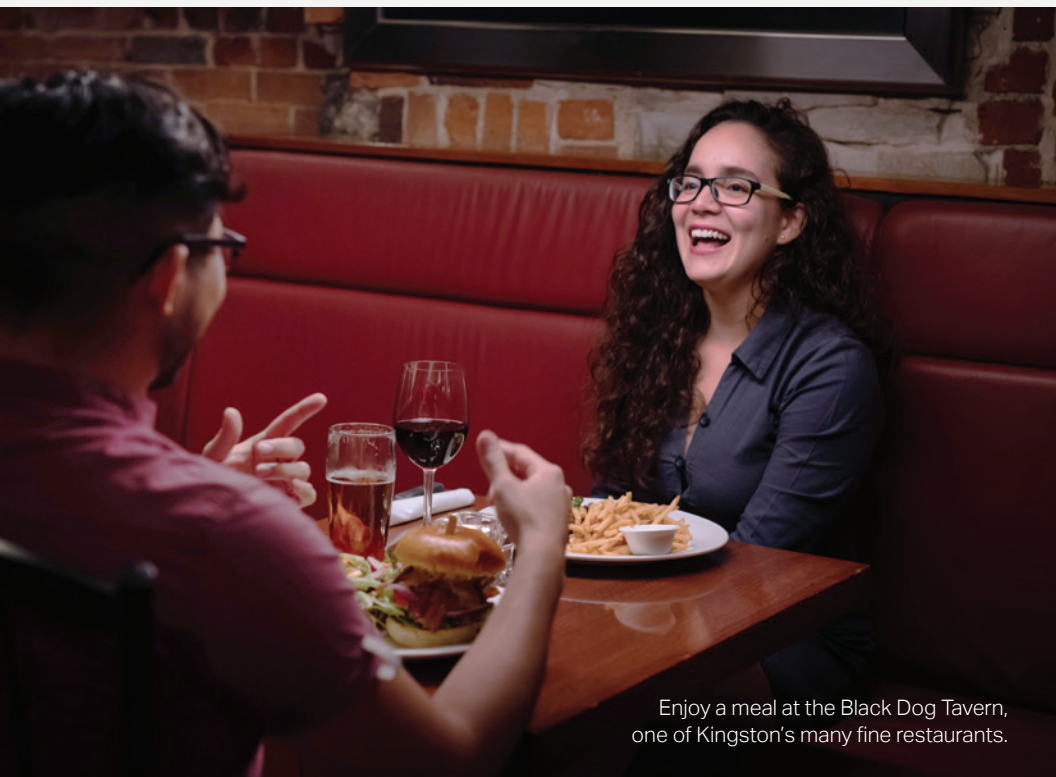
Kingston loves winter.

As the winter evenings grow darker, downtown Kingston lights up in response. Enjoy the ambiance as you window-shop. Take a ride in a horse-drawn carriage. Bring your skates and take a spin around the public rink at Springer Market Square.

Outside of downtown, there are plenty of other opportunities for you to get active in Kingston this winter! Go cross-country skiing, snowshoeing, ice fishing, or tobogganing.



Springer Market Square boasts a free public rink for recreational winter skating.



Enjoy a meal at the Black Dog Tavern, one of Kingston's many fine restaurants.

Or stay in and explore the many Kingstonlicious prix fixe dining options offered throughout the city.

Winter Things to See and Do

- › Art After Dark
- › Holiday markets
- › Kingston Canadian Film Festival
- › Kingstonlicious
- › Reelout Queer Film Festival
- › Winter lights in downtown

Discover more winter activities: visitkingston.ca/events

GETTING HERE

By car

- Via Highway 401 westbound, take exit 623.
- Via Highway 401 eastbound, take exit 615.
- Scenic eastbound route: take Highway 33 along Lake Ontario into Kingston.
- From Cape Vincent, N.Y., take Horne's ferry to Wolfe Island, then the Wolfe Island Ferry to Kingston.

By air

- Kingston Airport offers flights between Kingston and Toronto. Visit ygkairport.com.

By train

- VIA Rail offers service to Kingston from Montreal, Ottawa, and Toronto. Visit viarail.ca or call 1.888.VIA-RAIL.
- VIA Rail's Bike Train offers bike racks on board select passenger rail trains. Visit biketrain.ca.



By bus

- Coach Canada/Trentway-Wager Bus Lines (coachcanada.com) and Megabus (ca.megabus.com) offer service to Kingston.

Please check with operators to confirm service and schedules.

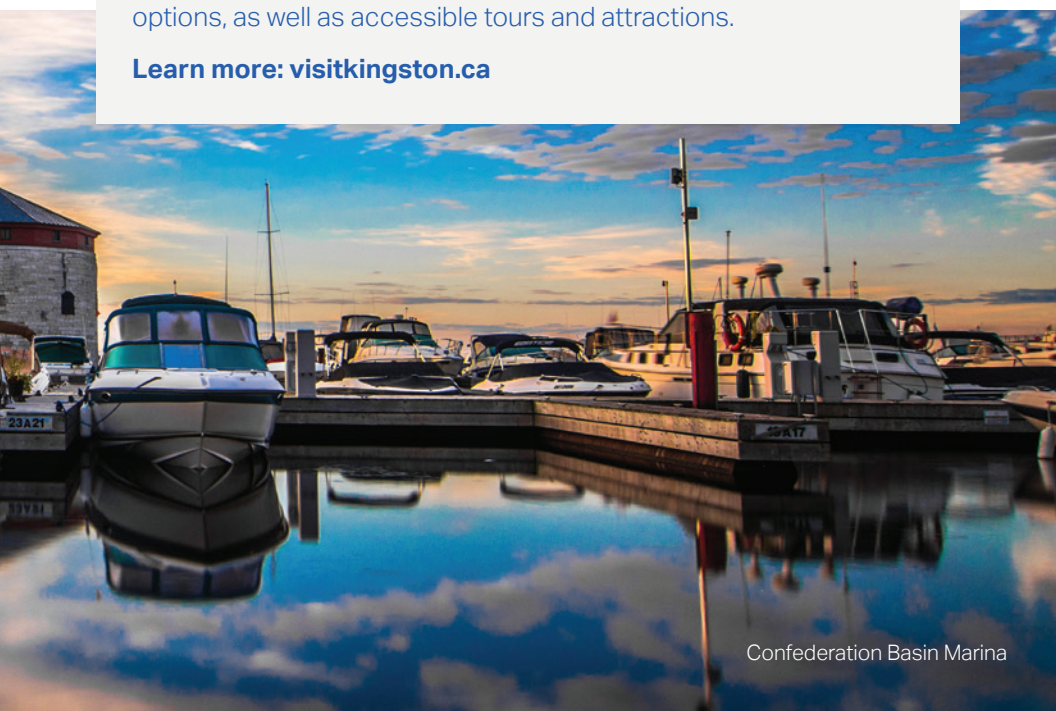
By boat

Kingston has both city-operated and privately owned marinas.

- Confederation Basin Marina (City of Kingston):
613-546-4291 ext. 1823 (seasonal)
- Portsmouth Olympic Harbour (City of Kingston):
613-546-4291 ext. 1827
- Collins Bay Marina (West end): 613-389-4455
- Treasure Island Marina (East end): 613-548-1239

Getting around Kingston is easy. While many attractions are within walking distance of the downtown core, you have other transit options as well. Kingston also has accessible transportation options, as well as accessible tours and attractions.

Learn more: visitkingston.ca



Confederation Basin Marina

ACCOMMODATIONS/ HÉBERGEMENT

Hotels, motels, and historic inns – Kingston has a wide variety of options for your stay. Please verify the availability of accessible or pet-friendly rooms with each accommodation when booking your stay. Bike-friendly properties have amenities like secure bike racks and locked storage.

Hôtels, motels et auberges historiques – Kingston a une grande variété d'options pour votre séjour. Veuillez vérifier la disponibilité des chambres accessibles ou acceptant les animaux domestiques avec chaque hébergement lors de la réservation de votre séjour. Propriétés qui accueillent les vélos disposent d'équipements tels que d'appuyer à vélos sécurisés et un espace de stockage verrouillé.

Downtown



CONFEDERATION PLACE HOTEL

237 Ontario St.
613-549-6300
confederationplace.com



DELTA HOTELS BY MARRIOTT KINGSTON WATERFRONT

1 Johnson St.
613-549-8100, 1-888-548-6726
marriott.com/ygkdk



FOUR POINTS BY SHERATON KINGSTON

285 King St. E.
613-544-4434
fourpointskingston.com



FRONTENAC CLUB

225 King St. E.
613-547-6167
frontenacclub.com



HOCHELAGA INN

24 Sydenham St.
613-549-5534
thehochelagainn.ca



HOLIDAY INN KINGSTON WATERFRONT

2 Princess St.
613-549-8400
ihg.com/holidayinn

THE QUEEN'S INN

125 Brock St.
613-546-0429
queensinn.ca



RESIDENCE INN BY MARRIOTT KINGSTON WATER'S EDGE

7 Earl St.
613-544-4888
marriott.com/ygkri

Downtown

THE ROSEMOUNT INN

46 Sydenham St.
613-480-6624
rosemountinn.com



THE SECRET GARDEN INN

73 Sydenham St.
613-548-1081
thesecretgardeninn.com

Mid-Town



AMBASSADOR HOTEL & CONFERENCE CENTRE

1550 Princess St.
613-538-3605
ambassadorhotel.com



BEST WESTERN FIRESIDE INN

1217 Princess St.
1-800-567-8800
bestwesternkingston.ca

DONALD GORDON HOTEL & CONFERENCE CENTRE

421 Union St.
613-533-2221
donaldgordoncentre.com



ECONO LODGE CITY CENTRE

840 Princess St.
613-549-4546
choic-hotels.ca

HOWARD JOHNSON BY WYNDHAM KINGSTON

686 Princess St.
613-777-0133
wyndhamhotels.com



KNIGHTS INN

1155 Princess St.
613-546-4285
knightsinn.com

MAPLE CREST INN

1454 Princess St.
613-549-5550
maplecrestinn.ca



QUEEN'S UNIVERSITY RESIDENCES (seasonal)

75 Bader Lane
613-533-2223
eventservices.queensu.ca/
accommodations/



ST. LAWRENCE COLLEGE RESIDENCE (seasonal)

23 Country Club Dr.
613-544-6600 ext. 4999
stlawrencecollege.ca/events



THRIFTLODGE KINGSTON

1187 Princess St.
613-546-4411
thriflodgethekingston.com



– Accessible



– Pet-friendly



– Bike-friendly



– Hébergement accessible



– Hébergement acceptant les animaux



– Hébergement qui accueillent les vélos

East End



ALL SUITES WHITNEY MANOR

8 Starr Pl.
613-766-9394
allsuiteswhitneymanor.com



COUNTRYSIDE INN

1488 Highway 15
613-546-6674

FORT HENRY MOTEL

848 Highway 2 E.
613-542-7651
forthenrymotel.com



LORD NELSON MOTEL

1664 Highway 15
613-542-2883
lordnelsonmotel.net

SIESTA MOTEL

830 Highway 2 E.
(613) 544-5140



SUPER 8 BY WYNDHAM KINGSTON

794 Highway 2 E.
613-549-1620
wyndhamhotels.com

West End



BAYSIDE INN & WATERFRONT SUITES

4024 Bath Rd.
1-866-634-9900
baysidehotelkingston.com



CANDLEWOOD SUITES KINGSTON WEST

205 Resource Rd.
613-767-9365
cwskingstonwest.ca

EMBASSY MOTEL

2404 Princess St. W.
613-546-4271
embassymotel.ca



GREEN ACRES INN

2480 Princess St.
1-800-267-7889
greenacresinn.com

HILLTOP MOTEL

2287 Princess St.
613-542-3846
hilltopmotelkingston.com



HOLIDAY INN EXPRESS KINGSTON WEST

205 Resource Rd.
613-767-9370
hiexkingstonwest.ca



MOTEL 6 KINGSTON

1542 Robinson Crt.
613-507-6666
motel6.com



QUALITY INN & SUITES

1530 Robinson Crt.
613-389-9998
qualitysuteskingston.com

West End

SEVEN OAKES MOTEL

2331 Princess St. W.
613-546-3655



TRAVELODGE HOTEL BY WYNDHAM KINGSTON LA SALLE

2360 Princess St.
613-777-3586
travelodge.ca

WELCOME TRAVELLER MOTEL

3100 Princess St.
613-389-2928



North End



COMFORT INN HIGHWAY 401

55 Warne Cres.
613-546-9500
choicehotels.com



COMFORT SUITES KINGSTON CENTRAL

33 Benson St., Building 2
613-546-3661
choicehotels.com



COURTYARD BY MARRIOTT KINGSTON

103 Dalton Ave.
613-548-7000
marriott.com/ylgkcy



DAYS INN BY WYNDHAM KINGSTON

1 First Canada Ave.
613-541-1111
wyndhamhotels.com



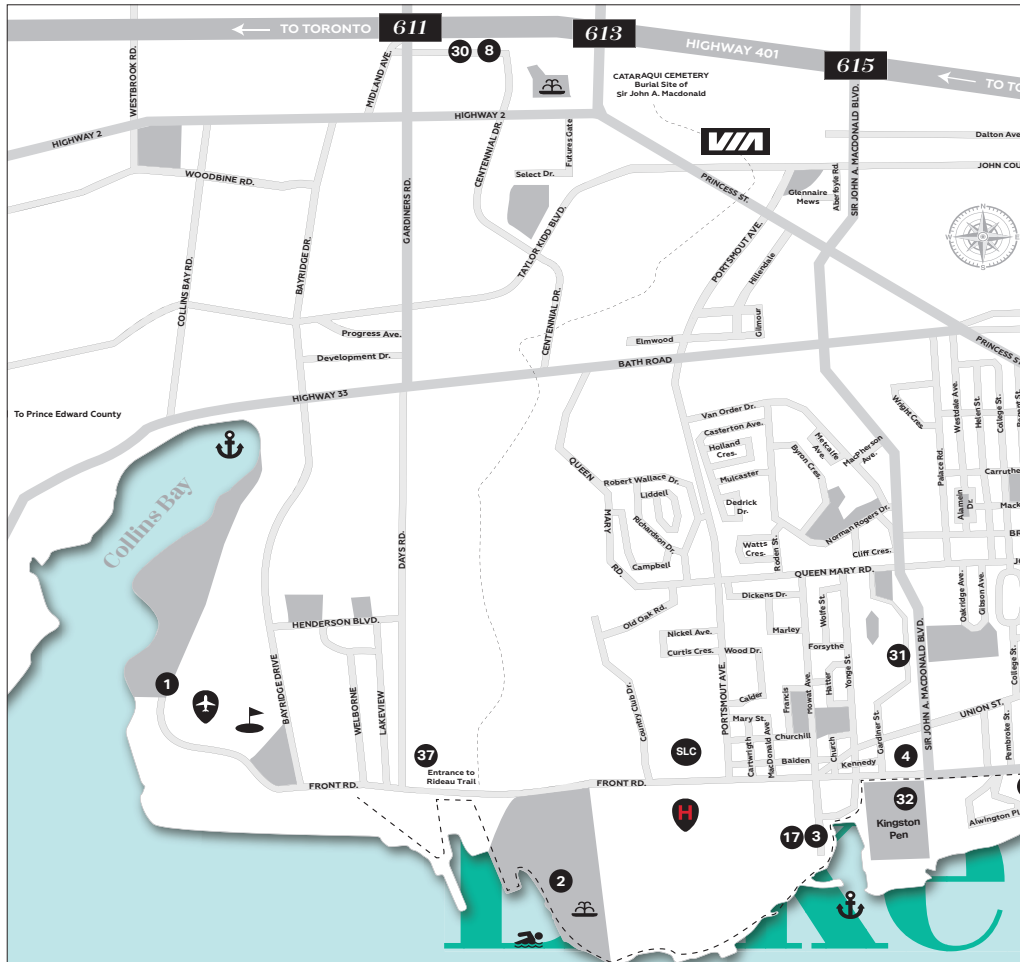
HOLIDAY INN EXPRESS & SUITES KINGSTON

11 Benson St.
613-546-3662
hiexpress.com/kingstonon



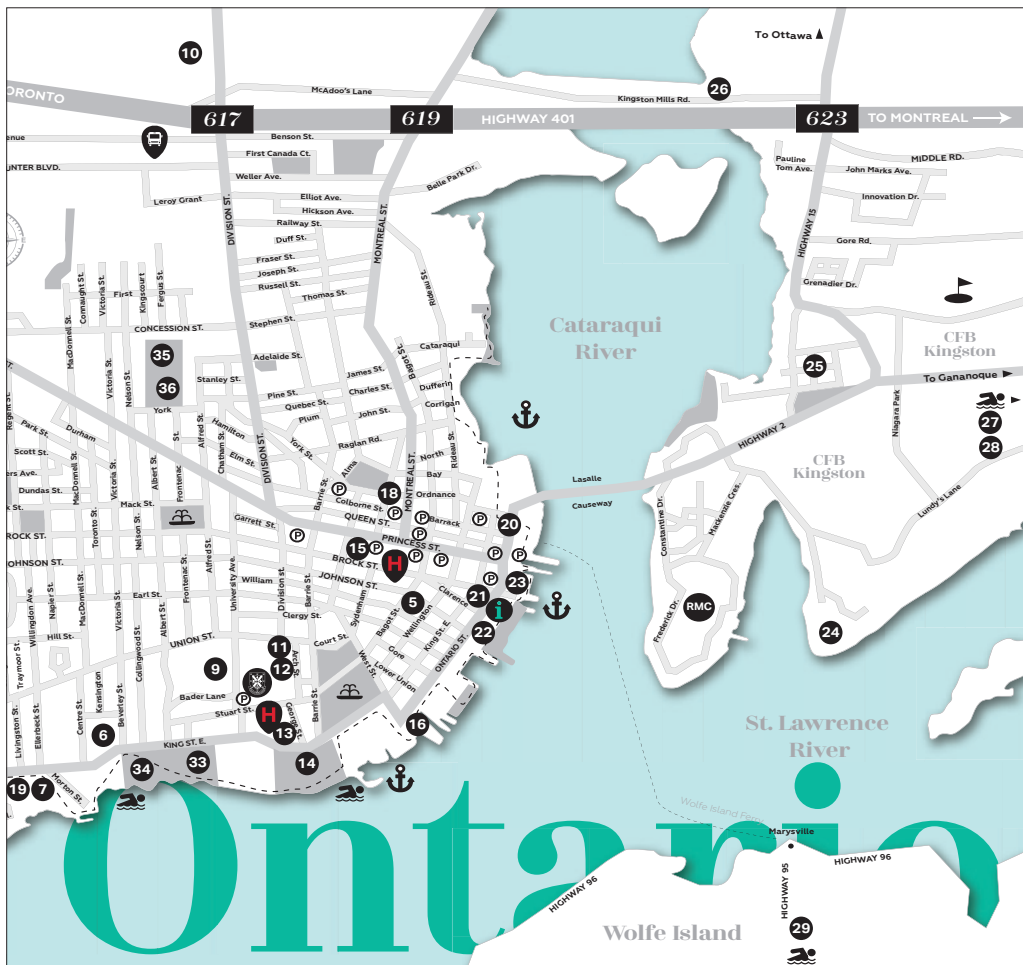
QUALITY INN & CONFERENCE CENTRE KINGSTON CENTRAL

33 Benson St.
613-546-3661, 1-800-267-7888
qualitykingston.com



ATTRACTIONS

- 1.** Lemoine Point Conservation Area
- 2.** Lake Ontario Park
- 3.** Portsmouth Olympic Harbour
- 4.** Canada's Penitentiary Museum
- 5.** Kingston Frontenac Public Library
- 6.** Bellevue House National Historic Site
- 7.** The Tett Centre for Creativity and Learning
- 8.** Original Hockey Hall of Fame
- 9.** Agnes Etherington Art Centre (Queen's)
- 10.** Little Cataraqui Creek Conservation Area
- 11.** Miller Museum of Geology (Queen's)
- 12.** Queen's University Archives
- 13.** Museum of Health Care
- 14.** Murney Tower Museum
- 15.** The Grand Theatre
- 16.** The PumpHouse
- 17.** Marine Museum of the Great Lakes
- 18.** Princess of Wales' Own Regiment Museum
- 19.** Isabel Bader Centre for the Performing Arts
- 20.** Leon's Centre
- 21.** City Hall / Kingston Public Market
- 22.** Kingston Trolley Tours / The Haunted Walk of Kingston / Kingston Food Tours
- 23.** Crawford Wharf / Kingston 1000 Islands Cruises / St. Lawrence River Cruises
- 24.** Fort Henry National Historic Site
- 25.** Frontenac County Schools Museum
- 26.** Kingston Mills - Rideau Canal
- 27.** Military Communications & Electronics Museum
- 28.** MacLachlan Woodworking Museum



SERVICES

- 29. Big Sandy Bay Conservation Area
- 30. Invista Centre
- 31. Richardson Stadium
- 32. Kingston Penitentiary
- 33. Breakwater Park
- 34. Gord Edgar Downie Pier
- 35. Kingston Memorial Centre / Memorial Centre Farmers' Market
- 36. Outdoor Aqua Park
- 37. Centre 70 Arena



Visitor Information Centre



Train (VIA Rail)



St. Lawrence College



Golf Course



Queen's University



Hospital



Splash Pad



Marina



Kingston Airport



Bus Station



Beach



Parking



Royal Military College

--- Waterfront Pathway/
Waterfront Trust Trail