TOP 5 REASONS TO HOST YOUR SPORT EVENT IN KINGSTON

1. LOCATION
   Kingston is accessible by car, rail, air, coach or boat. Via Rail connects the city daily to Montreal, Ottawa and Toronto. Additionally, Kingston Airport (YGK) will be undergoing a major expansion, to be complete in 2019.

2. STATE-OF-THE-ART SPORT FACILITIES
   Kingston offers newly built and legacy facilities - from Leon’s Centre to Portsmouth Olympic Harbour.

3. REPUTATION
   Kingston is a major player in the $6.8 billion dollar sport tourism industry in Canada, with venues that accommodate all four seasons and Olympic level hosting expertise. Kingston’s reputation is supported by our ranking as a Top Ten Sport Host City in Canada, where we ranked number two based on population size.

4. TO SEE AND DO
   Kingston was the first capital of Canada making it rich in history. Tourism attractions such as the Kingston Penitentiary, Fort Henry, 1000 Islands Boat Cruise, Bellevue House, Gord Edgar Downie Pier, Kingston Trolley Tour and Kingston Food Tours are just some of the unique activities that you can experience during your stay. See the back page for more tourism information.

5. DINING
   Kingston has one of the highest restaurants per capita of any city in Canada with over 140 restaurants and cafes to choose from. Kingston will meet the needs of large events and groups through various catering and dining options.
As the gateway to the 1000 Islands and the UNESCO designated Rideau Canal, Kingston is a city rich in history, culture, critically acclaimed attractions and cuisine. Located directly off highway 401 and just minutes from two US border crossings, Kingston is the perfect backdrop for your next event.

Kingston offers event rights holders a wide variety of facilities supported by a community of hospitality professionals dedicated to making your event a success. With critical acclaim as the freshwater sailing capital of the world, and with over 100 different sport venues – Kingston has every sport season covered. Most facilities are located within a short walk or drive to our 5200+ accommodation rooms and 140+ dining establishments.

Kingston Airport – Experience the New #YGK

We look forward to hosting you in Kingston!
SPORTS
• Badminton
• Basketball
• Contact Sports
• Dance Studios
• Fencing
• Racquetball
• Swimming
• Volleyball
• Water Polo

FACILITIES
• Underground Parking
• 6 Gymnasiums
• 6 Outdoor Sports Fields
• 25-meter, 14-lane Pool
• Main Gym Seating 1,901
• 2 Combative Rooms
• 2 Racquet Courts
• 2 Weight Rooms
• 3 Cardio Zones
• 5 Fitness/Dance Studios
• 8 Squash Courts
• Concessions
• Locker, Laundry & Towel Service
• Meeting Rooms
• Personal Training
• Ticketing

SPORT EVENTS
• 2021 USPORT Women’s Basketball National Championships
• 2020 USPORTS Women’s Rugby National Championships
• 2018 – 2019 USPORTS Cross Country National Championships
• 2019 Football Canada Cup
• 2019 The Glorious Sons “Our Little Piece of Work” Concert at Richardson Stadium (14,000 people)
• 2017 – 2019 Futsal Canadian Championships
• 2017 & 2012 CFL Training Sessions

Queen’s Residences are a perfect “Athletic Village” for any large sports event held in Kingston. Offering both air-conditioned accommodation in our newer buildings (512 beds) along with the more traditional non air-conditioned budget rooms (1000+ beds), we can accommodate the budget and space requirements of most sports organizations’ requests during the summer months.

Queen’s University features the Queen’s Athletics & Recreation Centre (ARC), a state-of-the-art facility featuring a gymnasium with seating for 1,900, an additional four gymnasium with space for multiple courts, fitness centre, indoor 25-meter, 14-lane pool; squash and racquet courts and multi-purpose rooms. Queen’s offers 4 artificial turf fields including Richardson Stadium, with capacity for 8,000 people.
Located in the heart of Kingston’s historic downtown, the Leon’s Centre is the largest indoor entertainment venue between Toronto, Ottawa and Montreal. The Leon’s Centre is a state-of-the-art 6,700 seat multi-purpose facility with the capability to host a variety of events including concerts, stage productions, hockey, curling, figure skating, trade shows, conferences and community events.

SPORTS
• Ice Hockey
• Figure Skating
• Lacrosse
• Ringette
• Curling
• Volleyball
• Court Sports

FACILITIES
• 85’ x 200’ Ice Surface
• Luxury and Group Suites
• Media Center
• Meeting Rooms
• Sound System/Video Scoreboard
• Concessions
• Dressing Rooms
• Officials Rooms
• Seating Capacity 5,700 Hockey
• Seating Capacity 6,700 Events

SPORT EVENTS
• 2020 Tim Hortons Brier
• 2016 World Junior Championship Pre-Tournament Games
• 2015 Canadian Tire National Skating Championships
• 2014 World Junior Championships Pre-Tournament Games
• Cheer Evolution March Madness (Annual)
• 2013 Scotties Tournament of Hearts
• 2011 BDO Canadian Open (Capital One Grand Slam of Curling)
• 2011 International Men’s Volleyball
• 2010 Skate Canada International
• 2010 OHL All-Star Classic
• 2009 IIHF World Junior
The INVISTA Centre is the city’s premier recreational facility ideal for large tournaments and events. There are four NHL-sized ice pads, large concourse areas, pro shop, meeting rooms and a full state-of-the-art fitness facility. This venue has the ability to host a variety of tournaments, trade shows, conferences and other community events and has a seating capacity of 725 (1000 standing room).
KINGSTON MILITARY COMMUNITY SPORTS CENTRE & DOME

11 Navy Way

The KMCSC is located on the grounds of CFB Kingston and features the SAM Gymnasium and the Anderson Field House, which offers several configurations for a wide range of sports. The facility also features squash courts, an indoor 25m pool, climbing wall and fitness area. Located within walking distance are four full-size fields, tennis courts and the Constantine Arena. A $5M sports field and dome was constructed to accommodate soccer and rugby. The Dome features a 75m x 110m synthetic turf that meets the requirements of FIFA and the Standard Rugby Union.

SPORTS
• Fitness Centre
• Basketball
• Volleyball
• Badminton
• Combat Sports
• Squash
• Aquatics
• Fencing
• Fitness
• Soccer
• Rugby

FACILITIES
• 2 Full-size Basketball/Volleyball Courts
• 6 Squash Courts
• 25m Pool and Diving Boards
• Locker Rooms
• Team Rooms
• Officials Rooms
• 3 Meeting Rooms
• Seating Capacity 2,000
Kingston is home to 6 arenas with 10 pads of ice which include state-of-the-art facilities such as Leon’s Centre (page 4) and INVISTA Centre (page 5).

Never more than a 15 minute drive between arenas, Kingston is the ideal place to centralize your sport event!
Cataraqui Community Centre and Kinsmen Arena
City of Kingston
1030 Sunnyside Road
www.cityofkingston.ca/arenas

SPORTS
• Ice Hockey
• Figure Skating
• Lacrosse
• Ringette
• Speed Skating

FACILITIES
• 85’ x 200’ Ice Surface (NHL Size)
• 100’ x 200’ Ice Surface (Olympic Size)
• Dressing Rooms
• Meeting Rooms
• Canteen
• Dry Floor (April-August)
• Seating Capacity 500

Kingston Memorial Centre (KMC)
City of Kingston
303 York Street
www.cityofkingston.ca/arenas

SPORTS
• Ice Hockey
• Figure Skating
• Lacrosse
• Ringette
• Roller Derby

FACILITIES
• 90’ x 200’ Ice Surface
• Dressing Rooms
• Officials Rooms
• Meeting Rooms
• Media Center
• Concessions
• Dry Floor (April-August)
• Seating Capacity 2,500

Constantine Arena (CFB Kingston)
7 Navy Way
www.tinyurl.com/constantinearena

SPORTS
• Ice Hockey
• Figure Skating
• Lacrosse
• Ringette

FACILITIES
• 85’ x 200’ Ice Surface (NHL Size)
• Dressing Rooms
• Dry Floor (April-August)
• Space to support seating for 1,500
Fort Henry is a UNESCO World Heritage Site and also a specialize facility for cross country running. Fort Henry Hill is a well-groomed trail overlooking Fort Henry, RMC and the city of Kingston. It is a closed course race used by many clubs and associations.

The race course is 2.5km in length that has small rolling hills covered with grass. It is the same loop used for the National Cross Country 2.5km loop.

SPORT EVENTS

- 2018 – 2019 USPORTS Cross Country National Championships
- 2015 – 2018 Athletics Canada Cross Country Championships
- 2017 Athletics Ontario Cross Country Championships
SPORTS FIELDS & SPECIALIZED FACILITIES

Kingston features over 50 sport fields from newly built stadiums and large multi-plexes to neighbourhood fields.

Breakwater Park
City of Kingston

FACILITIES
• Gord Edgar Downie Pier and pedestrian bridge
• Headlands and pebble beaches
• Upland sand beach
• Accessible beach at pier
• Time sculpture
• Picnic amenities (tables, benches and BBQs)
• Pathway lighting
• Temporary seasonal washrooms

Shannon’s Corners Ball Diamond
1350 Gardiner’s Road

SPORTS
• Softball
• Baseball

FACILITIES
• Baseball Diamond (1)

Veteran’s Park
1350 Gardiner’s Road

SPORTS:
• Softball
• Baseball

FACILITIES
• Baseball Diamond (1)

Cloverdale Park
1030 Sunnyside Road

SPORTS
• Softball

FACILITIES
• 4 Softball Diamonds
Frontenac Secondary School
789 Bath Road

SPORTS
- Football
- Soccer
- Rugby
- Basketball
- Court Sports

FACILITIES
- Full-size Natural Grass Field
- Outdoor Electronic Scoreboard
- Full-size Gymnasium
- Locker Rooms
- Bleacher Seating

John Machin Field
1307 John Marks Ave

FACILITIES
- Turf Field
- 2 International Soccer Fields

Holy Cross Secondary School
1085 Woodbine Road

SPORTS
- Football
- Soccer
- Rugby
- Basketball
- Court Sports

Lasalle Secondary School
733 HWY 15, R.R. #2

SPORTS
- Football
- Soccer
- Rugby
- Basketball
- Court Sports

FACILITIES
- 5 Full-size Natural Grass Field
- Outdoor Electronic Scoreboard
- Full-size Gymnasium
- Locker Rooms
- Bleacher Seating

Loyalist Collegiate & Vocational Institute
153 Van Order Drive

SPORTS
- Football
- Soccer
- Rugby
- Basketball
- Court Sports

FACILITIES
- Full-size Natural Grass Field
- Outdoor Electronic Scoreboard
- Full-size Gymnasium
- Locker Rooms
- Bleacher Seating

Navy Bay Fields (CFB Kingston)
11 Navy Way
- www.tinyurl.com/militarysportcentre

SPORTS
- Soccer
- Rugby
- Touch Football
- Ultimate

FACILITIES
- 4 Full-size Fields
- Field Lighting (2)
- Bleacher Seating

Regiopolis-Notre Dame Catholic High School
130 Russell Street

SPORTS
- Football
- Soccer
- Rugby
- Basketball
- Court Sports
- Volleyball, Badminton
Woodbine Park
City of Kingston
1180 Woodbine Park
www.cityofkingston.ca

SPORTS
• Soccer
• BMX
• Baseball
• Beach Volleyball
• Touch Football
• Ultimate

FACILITIES
• 5 Full-size Soccer Fields
• 4 Beach Volleyball Courts
• 4 Baseball Diamonds
• 1 BMX Track
• Lighting
• Canteen
• Washroom Facilities
• Bleacher Seating

Richardson Stadium and West Campus Fields
Queen’s Athletics & Recreation
284 Earl Street
www.gogaelsgo.com

SPORTS
• Football
• Soccer
• Rugby
• Lacrosse

FACILITIES
• Full-size Natural Grass Field
• Outdoor Electronic Scoreboard
• 2 Full-size Gymnasiums
• Locker Rooms
• Bleacher Seating

Tindall Field
Queen’s University Union Street at Albert Street
www.gogaelsgo.com

SPORTS
• Touch Football
• Rugby
• Soccer
• Lacrosse
• Ultimate
• Field Hockey

FACILITIES
• Nixon Field
• Full-size Natural Grass Field
• Outdoor Electronic Scoreboard
• 2 Full-size Gymnasiums
• Locker Rooms
• Bleacher Seating

Westbrook Dome
651 Genge Road

SPORTS
• Touch Football
• Soccer
• Field Hockey
• Ultimate
• Rugby

FACILITIES
• Indoor Driving Range
• Four 90’x200’ fields
• Overhead Lighting
• Gas Back-up Generator
• Auxiliary building of 13,000 sq.ft.
  with office space, on-site storage
  and meeting rooms
• Dressing Room
• Nutrition Cafe
St. Lawrence College Conference and Event Centre offers 5,500 square feet of meeting and event space. Offering flexible room configurations to allow for both a large plenary session and smaller breakout areas for up to 350 guests. St. Lawrence College’s new centre is not your typical space. With plenty of natural light, state-of-the-art technology, and outdoor patio space, St. Lawrence College’s new conference centre will take your event to the next level.

SPORTS
- Soccer
- Rugby
- Volleyball
- Basketball

FACILITIES
- Double gymnasium (17,000 square feet)
- Basketball court FIBA regulation
- Volleyball court FIVB regulation
- Soccer field
- Rugby pitch
- 8 team change rooms and 2 official change rooms
- 1,442 seating capacity (bleachers)
- Athletic therapy room

SPORT EVENTS
- 2019 OCAA Women’s Basketball Championship
CONFERENCE AND EVENT CENTRE FEATURES

• Capacity for 50-400 delegates
• Large outdoor patio
• Dividable conference space
• Adjacent concourse suitable for vendor tables and food service
• Custom catering and bar service menu
• State-of-the-art technology (included in cost of rental)
• Various room configurations offered
• Ample classroom breakout space available
• Ample parking available (weekends complimentary)

EVENTS

• SLC Event Services welcomed over 260 events to Kingston in their inaugural year – including conferences, tradeshows, banquets, weddings, meetings, trainings, seminars, social parties and more!

OTHER SERVICES

• A variety of other unique meeting spaces, including boardrooms and specialty labs
• On-site accommodations (May to August)
• Printing services
• Full coordination of other college services during events: parking, catering, and audio visual
Golfers visiting Kingston are treated to extraordinary opportunities as the area boasts several challenging courses all offering pro shops and equipment rentals, food services and lessons. There are 14 golf courses in the Kingston area and over 25 within an hour’s drive.

Greater Kingston Curling (GKC) features 5 curling clubs and is home to one of Canada’s oldest curling clubs, the Royal Kingston Curling Club. The curling community is vibrant and healthy in Kingston and is home to several bonspiels and curling events on an annual basis.
Belle Park Driving Range
731 Montreal Street
• Driving Range
• Clubhouse

Cataraqui Golf & Country Club
961 King Street W.
• Private
• 18 Hole Championship Course
• Driving Range & Pro Shop
• Clubhouse & Banquet Facility
• 6 Curling Sheets

Colonnade Golf & Country Club
2789 Woodburn Road
• 18 Hole Course
• Driving Range
• Pro Shop
• Clubhouse & Banquet Facility

Garrison Golf & Curling Club
12 Red Patch Avenue
• Private 18 Hole Course
• Driving Range
• Pro Shop
• Clubhouse & Banquet Facility
• 6 Curling Sheets

Glen Lawrence Golf Club
2022 Hwy #2 East,
• 18 Hole Course
• Driving Range
• Pro Shop
• Clubhouse & Banquet Facility

Landings Golf Course & Teaching Centre
1060 Len Birchall Way
• 18 Hole Course
• Driving Range
• Pro Shop
• Clubhouse & Banquet Facility

Loyalist Golf & Country Club
1 Loyalist Boulevard
• 18 Hole Course
• Driving Range
• Pro Shop
• Clubhouse & Banquet Facility

Royal Kingston Curling Club
130 Days Road
• 6 Curling Sheets
• Banquet Lounge and Bar
• Pro Shop
• Conference Room
• 6 beach volleyball courts

Westbrook Golf Club
3651 Genge Road
• 18 Hole Course
• 9 Hole Par 3
• Walking/Biking Trails
• NEW Sport Dome
• Driving Range & Pro Shop
• Clubhouse & Banquet Facility
Kingston is known as the freshwater sailing capital of the world and host to the Olympic sailing events of 1976.
PORTSMOUTH OLYMPIC HARBOUR

53 Yonge Street | www.cityofkingston.ca/marinas

Built as the sailing venue for the 1976 Summer Olympics in Montreal, Portsmouth Olympic Harbour continues to host several provincial, national and international sailing events. Every year Kingston plays host to over 1,000 sail boats during the annual Canadian Olympic Regatta Kingston (CORK). The site was also chosen to host the 2007 ISAF World Youth Sailing Championships. The facility features 250 slip finger docks, large meeting and event rooms and secure storage areas.

SPORTS
• Sailing
• Boating
• Fishing

FACILITIES
• 250 Slips
• Dry Sail Berthing for Winter Storage
• Launching Services
• Electrical/Water
• Coast Guard Office & Boats
• Nighttime Security
• Dock Hands & Marina Staff
• Washrooms & Showers
• Telephones
• 214 Parking Spaces
• 2 Launch Areas

SPORT EVENTS
• 1976 Summer Olympic Games (Sailing)
• 2018 North American Viper Regatta
• 2019 Laser World Championships
• 2019 Sail Canada Youth Championships
• 2019 Sail Canada Senior Championships
Presented by:

KINGSTON

canada.visitkingston.ca

STAY IN KINGSTON

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All Suites Whitney Manor
- 5 Guest Rooms
  - allsuiteswhitneymanor.com

Ambassador Hotel + Conference Centre
- 251 Guest Rooms
  - ambassadorhotel.com

Best Western Fireside Inn
- 74 Guest Rooms
  - bestwesternkingston.ca

Candlewood Suites
- 55 rooms
  - cwskingstonwest.ca

Comfort Inn 401
- 100 Guest Rooms
  - kingstoncomfortinn.com

Confederation Place Hotel
- 68 Guest Rooms
  - confederationplace.com

Countryside Inn
- 20 Guest Rooms
  - countrysideinnkingston.ca

Courtyard by Marriott Kingston
- 128 Guest Rooms
  - marriott.com/ygkcy

Days Inn Kingston
- 80 Guest Rooms
  - wyndhamhotels.com

Delta Hotels by Marriott Kingston Waterfront
- 126 Guest Rooms
  - marriott.com/ygdk

Donald Gordon Hotel & Conference Centre
- 80 Guest Rooms
  - donaldgordoncentre.com
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<th>Hotel Name</th>
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<td>Quality Inn</td>
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<td>The Queen’s Inn</td>
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<td>queensinn.ca</td>
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<td>Queen’s University Residences (seasonal)</td>
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<td>eventservices.queensu.ca/accommodations</td>
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EXPERIENCE KINGSTON

With a rich history, vibrant cultural community and wealth of amenities, experience all that Kingston has to offer.
KINGSTON AIRPORT – YOUR GATEWAY TO AWESOME!

1114 Len Birchall Way, Kingston, ON K7M 9A1

At Kingston Airport, travellers can expect a warm welcome and a seamless travel experience. Our recently renovated terminal provides the comforts and amenities of a large airport without the wait times and confusion.

A recently expanded runway means more reliable flight services, and the opportunity to accommodate larger aircraft. If you’re interested in landing a chartered flight, please contact us for more details at airportinfo@cityofkingston.ca

TRAVEL
• Conveniently located just 18 minutes from Kingston’s lively and historic downtown
• Extended runway allows for larger planes to fly direct to Kingston
• The City is pursuing expanded regional services including potential charter flights to new destinations
• New runway lighting systems incorporate modern, energy-efficient LED technology

AT THE AIRPORT
• Floor-to-ceiling windows and modern finishes
• Personal Snap Cab work stations for privacy and focused work
• Fast and reliable WiFi connectivity and plug-in technology
• Improved accessibility throughout the terminal
• Enhanced check-in, screening, departures, and arrivals areas
• Baggage claim and delivery systems are quick and convenient – designed to comfortably handle expanded demand

WELCOME TO KINGSTON!

Visitors: We know Kingston Airport is your first impression of our city, and we plan to make it memorable. You can count on warm and welcoming service, information on local events and accommodations, as well as a taste of Kingston’s thriving arts, culture, and culinary scene!
BOOK YOUR TEAM IN KINGSTON

Kingston is a major player in the $6.8 billion dollar sport tourism industry in Canada, with venues that accommodate all four seasons and Olympic level hosting expertise.

BROOKE LEESON
Sport Tourism Development Manager

613-548-4415 x 7240
brooke@tourismkingston.com