Beat Beethoven / Queen's 8K Tour

This route is a Kingston favourite as an annual road race which enjoys a run route through historic city streets and past many Queen's University landmarks. Beethoven run 8K in 50 minutes. Take your time and savour each of the many historic points. Perhaps you can return in June to participate in the event.

Kingston Running Tours

Be sure to pick up the Running Tour brochures for these other amazing Kingston routes.

Kingston Waterfront 13K Tour

Downtown Heritage 5K Tour

Fort Henry / RMC 8.3K Tour

Informative websites for visitor runners...
www.visitingkingston.ca
www.kingstoncanada.com
www.downtownkingston.ca
www.runnerschoosingkingston.com
Kingston's largest running club: www.krra.org

Beat Beethoven & Queen’s University 8K Running Tour

Travel west from downtown Kingston along King St. East, taking into one of Ontario’s oldest neighbourhoods along the gorgeous scenery of Lake Ontario Loo back, passing through the Queen’s University Campus enjoying some of the most prestigious architecture Kingston has to offer.

This wonderful 8km running course is the Kingston Symphony's annual Beat Beethoven race course. Return back to City Hall's Springer Market Square, where you can choose from a number of patios and restaurants for refreshments.
Fort Henry/RMC 8.3K Running Tour

The Royal Military College is Canada’s one and only military educational institution for higher learning. It is also steeped in history and has a beautiful campus. It’s a short distance from downtown Kingston and Fort Henry.

Kingston Running Tours

Be sure to pick up the Running Tour brochures for these other amazing Kingston routes.

Downtown Heritage 5K Tour

Beat Beethoven/Queen’s U 8K

Kingston Waterfront 13K Tour

Informative websites for visitor runners:
- www.visitkingston.ca
- www.kingstoncanada.com
- www.downtownkingston.ca
- www.runnerschokekingston.com
- Kingston’s largest running club: www.kra.org