



KINGSTONLICIOUS

# ACADEMY FOOD + DRINK

\$75

Academy Food + Drink hosts a seasonal dinner Wed-Sat, offering vegetarian options and globally inspired flavours, with reservations suggested for an elevated, cozy evening experience.

AMEN

## FEBRUARY MENU

FEBRUARY 4 - 28, 2026

WEDNESDAY - SATURDAY

### COURSE ONE

#### ROASTED ACORN SQUASH SOUP

*garnished with ginger-infused foam and toasted sesame seeds*

OR

#### ROASTED BEET SALAD

*with smoked duck, citrus segments, toasted goat cheese, and ginger Dijon vinaigrette*

### COURSE TWO

#### BRAISED BONELESS LEG OF LAMB

*served with savory cannellini bean ragout, Spanish chorizo, and soft herbed polenta*

OR

#### CHILEAN SEA BASS

*with black rice and edamame with a scallop and yellow capsicum sauce*

OR

#### SARAWAK-STYLE VEGETABLE CURRY (V)

*with laksa noodles*

### COURSE THREE

#### OM ALI

*Egyptian bread pudding with pistachios, raisins, and rose water*

Academy Food + Drink

285 King Street East /

Call Academy Food and Drink by phone at 613.544.4434 /

academyfoodanddrink.com

KINGSTON

Ontario 



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