



KINGSTONLICIOUS

ACADEMY FOOD + DRINK

\$75

Available Wednesday through Saturday, various hours. Reservations suggested.

BRUNCH

MARCH MENU

MARCH 1 - 31, 2026

WEDNESDAY - SATURDAY

COURSE ONE

CURRIED PARSNIP SOUP

garnished with a light mint-infused foam

OR

ROASTED FENNEL SALAD

with caramelized apples, Daikon vermicelli, candied orange zest, and Japanese toasted sesame seed dressing

COURSE TWO

MOROCCAN TAGINE-STYLE SNOW FISH

roasted snow fish served with chermoula sauce garnished with roasted capsicum, green olives, and preserved lemons

OR

VEAL OSSO BUCCO À LA MILANESE

served with saffron risotto, winter vegetables, and gremolata

OR

CARAMELIZED ROOT VEGETABLE & SQUASH STRUDEL

with cider-sage velouté

COURSE THREE

SPICED PUMPKIN CRÈME BRÛLÉE

285 King Street | [Academy Food and Drink](https://www.academyfoodanddrink.com)

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285 King Street E, 2nd /

Call Academy Food and Drink by phone at 613.544.4434 /

[academyfoodanddrink.com](https://www.academyfoodanddrink.com)

KINGSTON

Ontario 