

KINGSTON



VISITOR GUIDE

- › Signature experiences
- › Year-round activities
- › Accommodations
- › Unique finds

WELCOME/BOOZHOO/ TEKWANONWERA:TONS TO KINGSTON/KA'TAROH:KWI/ KEN'TARÓKWEN/CATARACOU

Kingston remains on the ancestral homelands of the Huron-Wendat, Anishinaabe, and Haudenosaunee Confederacy.

We acknowledge the everlasting presence of these Nations and other First Nations, Métis, and Inuit who share this landscape today. We are grateful to reside in and remain visitors to this territory, while acknowledging our responsibility to honour the land, water, and skies with gentle respect and purifying preservation.

SUSTAINABLE PLEDGE

Tourism Kingston strives to incorporate sustainability in all its operations. Our actions and initiatives are guided by our GreenStep Sustainable Tourism certification, the UN Sustainable Development goals, and the City of Kingston's climate leadership plan.



The Visitor Information Centre has received Bronze certification from GreenStep Canada, acknowledging our sustainable measures in place and in progress.

Kingston is Sustainable Tourism Silver certified, acknowledging our measures in place and in progress as a destination.

VISITOR INFORMATION CENTRE

Our staff can help you make the most of your visit to Kingston, with advice on what to see and do, where to stay, and where to eat. They can also provide free maps of the city (including maps of walking trails and cycling routes).

Connect with us

In person: 209 Ontario Street

By email: visit@tourismkingston.com

By phone: 613-548-4415 or toll-free 1-888-855-4555

Webchat: [visitkingston.ca](https://www.visitkingston.ca)



The Visitor Information Centre is open seven days a week. Call or check the website for current hours.

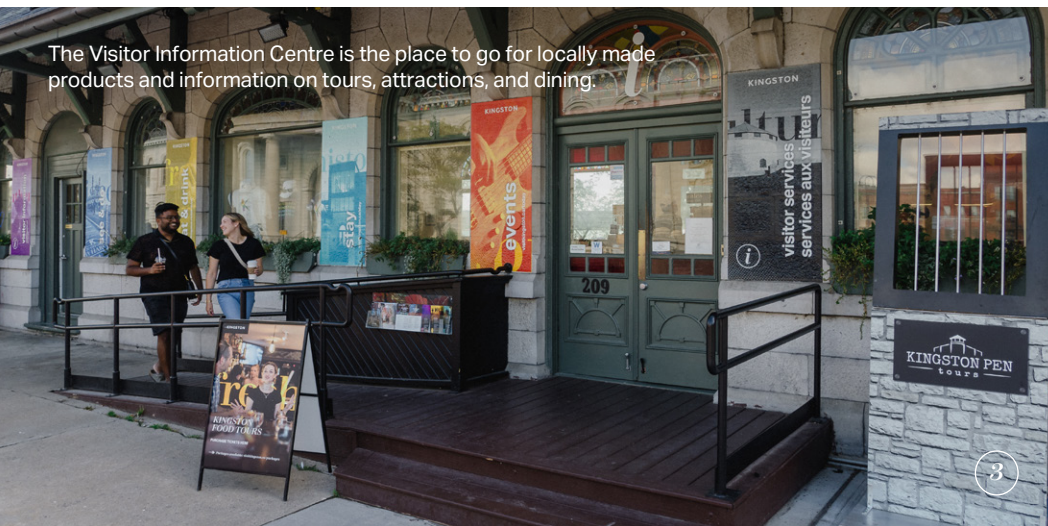
想了解更多金斯顿本地旅游资讯，请访问加拿大金斯顿旅游局中文官网：

[visitkingstoncn.ca](https://www.visitkingstoncn.ca)

您也可以关注金斯顿旅游局微信和微博平台(公众账号：加拿大金斯顿旅游局)关注最新金斯顿旅游动态，并可以在互动中解答您的疑问。



[VisitKingston.CA](https://www.VisitKingston.CA)





ATTRACTIONS

Home to Ontario's oldest public market and Canada's hippest live music scene, Kingston is a walkable city, where hidden alleyways contain antique markets and restaurant patios. With dozens of museums and historic sites, and dozens more unique shopping and dining experiences, Kingston offers you something old and something new around every corner.

- › Bellevue House National Historic Site
- › Breakwater Park
- › Canada's Penitentiary Museum
- › Fort Henry National Historic Site
- › Great Lakes Museum, home of the S.S. Keewatin
- › The Haunted Walk of Kingston
- › Isabel Bader Centre for the Performing Arts
- › Kingston City Hall
- › Kingston Food Tours
- › Kingston Grand Theatre
- › Kingston Pen Tours
- › Kingston 1000 Islands Cruises
- › Kingston Trolley Tours
- › Military Communications and Electronics Museum
- › Miller Museum of Geology
- › Museum of Health Care
- › PumpHouse Museum
- › Rideau Canal
- › The Screening Room
- › Slush Puppie Place
- › Tett Centre for Creativity and Learning

Explore these and many more attractions: visitkingston.ca

The S.S. Keewatin, the last remaining Titanic-era passenger steamship in the world, is docked at the Great Lakes Museum.



FOOD & DRINK

Known for its culinary scene, Kingston has something for everyone. Whatever you're craving, you'll find it here, from bāo to roti, comfort food to haute cuisine.



A special Kingstonlicious meal
from AquaTerra and Miss Bao

A special
Kingstonlicious
meal from Mesa
Fresca



Book a table or grab some takeout for a picnic by the waterfront. Take a guided food tour or take in a special Kingstonlicious culinary event.



*Find your perfect meal in
Kingston: [visitkingston.ca/
things-to-do](https://visitkingston.ca/things-to-do)*



Fondue at The
Secret Garden Inn



Memorial Centre Farmers' Market

Kingston is located in the heart of Frontenac County farmland. Frontenac farms feed Kingston tables, and Kingston chefs utilize fresh, seasonal ingredients from local growers and producers.



Kingston has a long history of beer brewing. The first breweries in the city operated in the 1790s. Rideau Street, in the city's downtown, was then known as Brewery Street.

Today, Kingston is home to eight beer makers, each with their own take on the craft.

You can sample some of Kingston's brews at bars, restaurants, and festivals across the city. Several beverage makers also offer take-home and delivery options.

*Explore locally made beverages:
visitkingston.ca/things-to-do*

SPRING

Enjoy pancakes with warm maple syrup at Maple Madness at Little Cataraqui Creek Conservation Area. This family-friendly event takes place every March. Take a tractor-drawn wagon ride to the sugar bush and learn how maple syrup is made.




Tapping sugar maple trees for their sap in the springtime is an ancient tradition in this region, originating with the Indigenous Peoples, who traditionally harvested and celebrated the gift of "sweet water." Learn more at the Maple Madness interpretative talks and demonstrations.

In May, Kingston parks, community spaces, and gardens come alive with tulips, daffodils, lilacs, and more.

Explore the Queen's University campus, where you will see curated gardens set against the backdrop of historic limestone buildings. The green space in front of Summerhill, Queen's oldest building (1839), was also once the site of Canada's first botanical garden. Today, this space is home to the Queen's arboretum, featuring a wide variety of trees.

Spring things to see and do

- › Creative Kingston Walking Tours
- › Hike or cycle the K&P Trail
- › Kingston Food Tours
- › Kingston Public Market and Memorial Centre Farmers' Market
- › Maple Madness
- › PumpHouse Museum
- › Queen's University arboretum



The PumpHouse Museum has exhibits and activities for both kids and adults.

SUMMER

There's so much to do in Kingston in the summer, from golfing and boating to diving and fishing to hiking and biking. Kingston's waterfront trail is easy to navigate on foot or by bike. Keep an eye out for the wayfinding signs along the trail, which will provide directions and teach you about the history of the region. If you didn't bring your bike or kayak, don't worry. You can rent one!

Discover the unique shopping experiences in Kingston's walkable downtown. You can explore the city and learn its history with a guided trolley tour and take in the beauty of the Thousand Islands on a sightseeing boat cruise.

A number of hotels and inns offer special packages that bundle Kingston experiences and attractions with your stay.

Find your perfect Kingston package:
[*visitkingston.ca/packages*](http://visitkingston.ca/packages)



Cool off this summer with a dip in the pool – or in the lake. Breakwater Park in downtown Kingston offers an accessible lakeside beach, as well as picnic amenities. Grass Creek Park, in the city's east end, also offers a large sandy beach and swimming area (plus an off-leash area for your canine friends). To the west, Lake Ontario Park, Kingston's largest urban waterfront park, has a cobble beach, splash pad, beach volleyball court, and boat launch.

Kids will enjoy the wading pool at McBurney Park and the Culligan Water Park at the Memorial Centre.

Summer things to see and do

- › Ahoy Rentals
- › Bellevue House
- › Breakwater Park
- › Fort Henry
- › Kingston Buskers Rendezvous
- › Kingston Pen Tours
- › Kingston Pride
- › Kingston 1000 Islands Cruises
- › Kingston Trolley Tours
- › Movies in the Square
- › S.S. Keewatin

Swimmers at Gord Edgar Downie Pier



SELF-GUIDED WALKING TOURS

Experience Kingston's rich music, literature, and film histories with a self-guided walking tour. Explore the music venues where some of Canada's best bands got their start. See behind-the-scenes photos of films shot in Kingston. Visit the places that have inspired award-winning novels. Each of these music, literature, and film tours takes you on a creative journey through Kingston.



Learn more: visitkingston.ca/walking-tours

A recent television production filming
on Market Street



disco



*From jazz
to blues, pop
to classical,
discover
music made
in Kingston*

Kingston is filled with music.
Enjoy live music outdoors,
in clubs, and in concert halls,
seven days a week.

visitkingston.ca/music



ONLY IN KINGSTON

Kingston's walkable historic downtown is full of unique shopping experiences, from antiques to apparel, food to fine art.



Cooke's Fine Foods dates back to 1865, when it was known as the Italian Warehouse.

You can also pick up mementos of your Kingston stay – including work by local makers – at the Visitor Information Centre (209 Ontario St.).

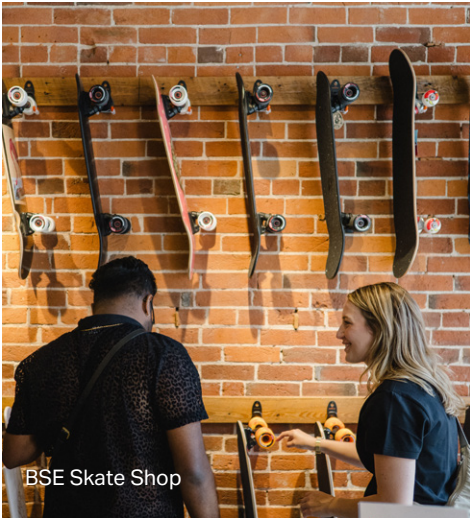


visitkingston.ca/kingston-shop





Merch market at Musiikki Cafe



BSE Skate Shop



The Elm Cafe



Something Else Records

AUTUMN

Autumn is the perfect time of year to take in Kingston's architecture and historic sites. Take a guided tour or explore on your own.

Today, some of these historic limestone buildings are home to restaurants, bookstores, boutiques, and more.

Kingston is called "the limestone city" as so many of its historic downtown buildings were built using locally sourced limestone.





Take a guided tour of downtown Kingston and hear about the city's spooky past with The Haunted Walk of Kingston.

Kingston is home to more than 20 museums, national historic sites, art galleries, and archives. Explore geology, Canadian history, hockey, technology, medicine, and more. Enjoy hands-on learning with the kids or savour a quiet moment with a favourite painting.

Autumn things to see and do

- › Fort Fright at Fort Henry
- › Ghost and Mystery Trolley Tour
- › The Haunted Walk of Kingston
- › Improbable Escapes
- › Kingston WritersFest
- › Music in the Park
- › Open Farms
- › Thrifting and antique shopping



Explore these and many more experiences:
visitkingston.ca/things-to-do

WINTER

Kingston loves winter.

As the winter evenings grow darker, downtown Kingston lights up in response. Enjoy the ambiance as you window-shop. Take a ride in a horse-drawn carriage. Bring your skates and take a spin around the public rink at Springer Market Square.

Outside of downtown, there are plenty of other opportunities for you to get active in Kingston this winter! Go cross-country skiing, snowshoeing, ice fishing, or tobogganing.





Stoked Sauna Co.

Plan a winter getaway in Kingston with a Stoked Sauna session, Kingstonlicious meal, or other special event.

Winter things to see and do

- › Art After Dark
- › Holiday markets
- › Kingston Canadian Film Festival
- › Kingstonlicious
- › Reelout Queer Film Festival
- › Stoked Sauna Co.
- › Winter lights in downtown



*Discover more winter activities:
visitkingston.ca/events*

GETTING HERE

By car

- › Via Highway 401 westbound, take exit 623.
- › Via Highway 401 eastbound, take exit 615.
- › Scenic eastbound route: take Highway 33 along Lake Ontario into Kingston.
- › From Cape Vincent, N.Y., take Horne's Ferry to Wolfe Island, then the Wolfe Island Ferry to Kingston.

By train

- › VIA Rail offers service to Kingston from Montreal, Ottawa, and Toronto. Visit viarail.ca or call 1.888.VIA-RAIL.

By bus

- › Megabus offers service to Kingston from South Eastern Ontario, Toronto, Ottawa, and Montreal. Visit ca.megabus.com
- › Flixbus offers service to Kingston from Windsor, Chatham, Toronto, Hamilton, Oshawa, and Ottawa. Visit flixbus.com



By boat

Kingston has both city-operated and privately owned marinas.

- › Confederation Basin Marina (City of Kingston):
613-546-4291 ext. 1823 (seasonal)
- › Portsmouth Olympic Harbour (City of Kingston):
613-546-4291 ext. 1827
- › Collins Bay Marina (West end): 613-389-4455
- › Treasure Island Marina (East end): 613-548-1239

Getting around Kingston is easy. While many attractions are within walking distance of the downtown core, you have other transit options as well. Kingston has accessible transportation options, as well as accessible tours and attractions.

Learn more: visitkingston.ca/plan-your-trip



EXPLORE KINGSTON AND THE 1000 ISLANDS FROM A UNIQUE VANTAGE POINT

Sail Kingston

- › See Kingston's natural history and setting from the water
- › Learn about remarkable fortifications, shipwrecks, and classic architecture
- › Pass UNESCO world heritage sites including Fort Henry

Take a one-hour Kingston – Discovery Cruise

Sail the 1000 Islands

- › Cruise from downtown Kingston into the world-famous 1000 Islands
- › Wind your way through small cottage islands and see grand estates
- › Enjoy live entertainment and dining options: brunch, lunch, or dinner

Take a three-hour 1000 Islands – Heart of the Islands Cruise



***THE ISLAND QUEEN
CELEBRATES 50 YEARS
ON THE WATER!***

—➔ 1000islandscruises.ca



ACCOMMODATIONS/ HÉBERGEMENT

Hotels, motels, and historic inns – Kingston has a wide variety of options for your stay. You can also book a licensed short-term rental. Please verify the availability of accessible, cycle-friendly, or pet-friendly rooms with each accommodation when booking your stay.

Learn more: [visitkingston.ca/places-to-stay](https://www.visitkingston.ca/places-to-stay)

Hôtels, motels et auberges historiques – Kingston offre une gamme variée d'options pour votre séjour. Vous pouvez également réserver une location de courte durée autorisée. Veuillez vérifier la disponibilité des chambres accessibles, conviviales aux vélos ou acceptant les animaux domestiques lors de la réservation de votre séjour.

Pour plus d'informations: [visitekingston.ca/hebergement](https://www.visitekingston.ca/hebergement)

Downtown/Centre-ville

BELVEDERE HOTEL

141 King St. E.
613-344-2423
[belvederehotel.ca](https://www.belvederehotel.ca)



CONFEDERATION PLACE HOTEL

237 Ontario St.
613-549-6300
[confederationplace.com](https://www.confederationplace.com)



DELTA HOTELS BY MARRIOTT KINGSTON WATERFRONT

1 Johnson St.
613-549-8100, 1-888-548-6726
[marriott.com/ygkdk](https://www.marriott.com/ygkdk)



FRONTENAC CLUB

225 King St. E.
613-547-6167
[frontenacclub.com](https://www.frontenacclub.com)



HOCHELAGA INN

24 Sydenham St.
613-549-5534
[thehochelagainn.ca](https://www.thehochelagainn.ca)



HOLIDAY INN KINGSTON WATERFRONT

2 Princess St.
613-549-8400
[ihg.com/holidayinn](https://www.ihg.com/holidayinn)



KINGSTON MARRIOTT

285 King St. E.
613-544-4434
[marriott.com/ygkfp](https://www.marriott.com/ygkfp)



RESIDENCE INN BY MARRIOTT KINGSTON WATER'S EDGE

7 Earl St.
613-544-4888
[marriott.com/ygkri](https://www.marriott.com/ygkri)

Downtown/Centre-ville

THE ROSEMOUNT INN

46 Sydenham St.
613-480-6624
rosemountinn.com



THE SECRET GARDEN INN

73 Sydenham St.
613-548-1081
thesecretgardeninn.com



THE SMITH HOTEL

221 Queen St.
613-344-2423
thesmithhotel.com

Mid-town/Quartiers intermédiaires

BEST WESTERN FIRESIDE INN

1217 Princess St.
613-549-2211
bestwesternkingston.ca



DONALD GORDON HOTEL & CONFERENCE CENTRE

421 Union St.
613-533-2221
queensu.ca/donaldgordoncentre



DOUBLETREE/HOME2 SUITES BY HILTON

1550 Princess St.
613-548-3605
hilton.com



ECONO LODGE CITY CENTRE

840 Princess St.
613-549-4546
choicehotels.ca

HOWARD JOHNSON BY WYNDHAM KINGSTON

686 Princess St.
613-777-0133
wyndhamhotels.com



KNIGHTS INN

1155 Princess St.
613-546-4285
knightsinn.com



QUEEN'S UNIVERSITY RESIDENCES (seasonal/saisonnier)

75 Bader Lane
613-533-3183
queensu.ca/eventsservices



RAMADA BY WYNDHAM KINGSTON

1454 Princess St.
613-549-5550
wyndhamhotels.com



ST. LAWRENCE COLLEGE RESIDENCE (seasonal/saisonnier)

23 Country Club Dr.
613-544-6600 ext. 4999
stlawrencecollege.ca/events



STRATA HOTEL

1187 Princess St.
613-546-4411
stratahotel.com

East end/Est



ALL SUITES WHITNEY MANOR

8 Starr Pl.
613-766-9394
allsuiteswhitneymanor.com



COUNTRYSIDE INN

1488 Highway 15
613-546-6674



HAMPTON INN BY HILTON KINGSTON

125 Innovation Drive
613-766-1122
hilton.com



LORD NELSON MOTEL

1664 Highway 15
613-542-2883
lordnelsonmotel.net



SUPER 8 BY WYNDHAM KINGSTON

794 Highway 2 E.
613-549-1620
wyndhamhotels.com

West end/Ouest



BAYSIDE INN & WATERFRONT SUITES

4024 Bath Rd.
613-634-7400
baysidehotelkingston.com



CANDLEWOOD SUITES KINGSTON WEST

205 Resource Rd.
613-767-9365
cwskingstonwest.ca



COMFORT INN & SUITES

2467 Princess Street
613-766-1740
choicehotels.com

EMBASSY MOTEL

2404 Princess St.
613-546-4271
embassymotel.ca



GREEN ACRES INN

2480 Princess St.
613-546-1796
greenacresinn.com

HILLTOP MOTEL

2287 Princess St.
613-542-3846
hilltopmotelkingston.com



– Accessible



– Pet-friendly



– Bike-friendly



– Rainbow Registered



– Green Key



– Hébergement accessible



– Hébergement acceptant les animaux



– Hébergement qui accueillent les vélos



– Certification arc-en-ciel



– Clé Verte

West end/ Ouest



HOLIDAY INN EXPRESS KINGSTON WEST

205 Resource Rd.
613-767-9370
hiexkingstonwest.ca



MOTEL 6 KINGSTON

1542 Robinson Crt.
613-507-6666
motel6.com



QUALITY INN & SUITES

1530 Robinson Crt.
613-389-9998
qualitysuteskingston.com



SEVEN OAKES MOTEL

2331 Princess St.
613-546-3655

North end/ Nord



COMFORT INN HIGHWAY 401

55 Warne Cres.
613-546-9500
choicehotels.com



COMFORT SUITES KINGSTON CENTRAL

33 Benson St., Building 2
613-546-3661
choicehotels.com



COURTYARD BY MARRIOTT KINGSTON

103 Dalton Ave.
613-548-7000
marriott.com/ylgkcy



DAYS INN BY WYNDHAM KINGSTON

1 First Canada Ave.
613-541-1111
wyndhamhotels.com



HOLIDAY INN EXPRESS & SUITES KINGSTON

11 Benson St.
613-546-3662
hiexpress.com/kingstonon



QUALITY INN & CONFERENCE CENTRE KINGSTON CENTRAL

33 Benson St.
613-546-3661, 1-800-267-7888
qualitykingston.com





Visitor Information Centre

209 Ontario Street,
Kingston, ON K7L 2Z1

KINGSTON

— *Ontario, Canada* —