KINGSTON

KINGSTON AND THE THOUSAND ISLANDS

Located where Lake Ontario, the St. Lawrence River, and the Rideau Canal meet, Kingston is a vibrant waterfront city where Canada's history meets a creative, contemporary spirit. Conveniently situated between Toronto, Ottawa, and Montreal, Kingston is an ideal stop for group itineraries exploring Eastern Ontario. Experience Kingston's history and culture, explore the Thousand Islands, and enjoy group-friendly attractions, guided tours, and diverse dining options.

From a scenic cruise through the world-famous Thousand Islands to wandering the streets of historic downtown, Kingston offers year-round experiences that bring people together. Visitors can tour the UNESCO World Heritage Site Fort Henry, explore museums and galleries, browse local makers' markets, and enjoy culinary experiences that showcase the region's local flavours and hospitality.

Tour operators and travel planners benefit from personalized itinerary support, receptive tour services, and a wide selection of attractions and dining options suitable for groups of all sizes.



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For itinerary planning, group bookings, and trade resources

visitkingston.ca/travel-trade

DISCOVER KINGSTON

1 **Kingston Pen Tours**

Go behind the walls of Canada's oldest prison, now decommissioned. This National Historic Site offers daily guided tours from May through October, ideal for groups interested in Canadian history and architecture.

2 **The Haunted Walk**

Join a storyteller for a guided evening tour exploring Kingston's haunted streets, historic sites, and thrilling tales by lanternlight. Perfect for groups seeking a memorable, immersive experience.



3 **Fort Henry**

Step back in time at this UNESCO World Heritage Site and experience 19th-century military life. Guided tours, rifle demonstrations, Victorian schoolrooms, and sunset military ceremonies are available for groups of any size.

4 **S.S. Keewatin**

Step aboard the fully restored 1907 Great Lakes steamship. Explore its original fixtures, artifacts, and working technology on daily guided tours from May through November. The Great Lakes Museum, home of the S.S. Keewatin, is open year-round.



5 **Kingston 1000 Islands Cruises**

Explore Kingston's waterfront and the stunning Thousand Islands with daily sightseeing, dining, and private charter cruises, perfect for groups and customizable itineraries. Cruises depart daily from May to October.

6 **Kingston Trolley Tours**

Enjoy live-guided hop-on, hop-off tours of historic Kingston on a 75-minute loop, or take a full city tour — flexible and fun for groups of all sizes.



culture

7 **Bellevue House**

Step inside the restored home of Canada's first Prime Minister, Sir John A. Macdonald, and experience 1840s life through interactive exhibits and costumed interpretation. Guided group tours available.

8 **Military Communications and Electronics Museum**

Discover Canada's military communications history through immersive exhibits, rare artifacts, and hands-on displays. Ideal for school groups, history enthusiasts, and technology-focused tours.

9 **Kingston Food Tours**

Taste your way through downtown Kingston on a guided walking tour that highlights local restaurants, hidden gems, and the stories behind the city's culinary scene. Customizable for private group bookings.





















explore

WHERE WE ARE

Kingston is on the shores of Lake Ontario at the entrance of the St. Lawrence River. Conveniently situated between many of Ontario's major cities, Kingston is a ideal stop om any pan-Ontario itinerary.

// 146 km/90 miles from Ottawa

// 241 km/149 miles from Toronto

// 391 km/242 miles from Niagara Falls

// 255 km/158 miles from Algonquin

// 271 km/168 miles from Montreal